

Notes from Community Breakfast 10th March 2023 recorded by Karin Weston

Lisa Megraw has kindly let me have this photo of those present at the meeting – everyone seems to have enjoyed their breakfast!



Speaker Chris Lee – Royston Choral Society.

Chris gave us an inspiring talk about why we should join a choir and sing.

Chris went on to talk about pros and cons of joining a choir (mostly pros) Couples joining the same choir can be good and bad; it gives time away from ‘the kids’; de-stress; meet like-minded people (Royston have 80 people signed up); social aspects. Other points Singing is good for you; conductors are amazing and can make a big difference and leadership is important. Lastly you don’t have to sing but just go along and enjoy the singing.

The next performance by Royston Choral Society will be The Creation by Haydn in Royston Parish Church on 25th March.

Make Lunch - Louise Bradley (Louise very kindly sent notes.)

- Opened for two sessions in February half term – served 78 meals.
- Opening again for four sessions at Easter and expect to be fully booked. Entertainment – John Harwick, HCL Smoothy bikes, Royston Museum, Cambridge science centre

**Trinity Life Church – Louise Bradley
Dad’s United**

- Opening again this Saturday 11th March. New dads with pre-schoolers always welcome

Pathways to Learning

- Provides free of charge tutoring for children who have fallen behind at school but whose parents would not be able to afford private tutoring. Currently supporting 8 students with English and Maths.
- In need of volunteers to support the teacher during the sessions – no experience necessary, full training provided. Tuesdays and Thursdays 3:00 – 6:00 pm

The Old Schoolhouse

- Starting to see an increase in hires following our Spotlight article in The Listing.
- Lots of availability for meetings, birthday parties, training, conferences.

U3A Current Affairs group – Sarah Hillman

Sarah explained why this was well worth joining. She also told us that they had had their first referral from Addenbrookes for someone to join U3A.

Royston Rotary – Karin Weston

Mentioned that all candles collected were now in Ukraine. Rotary had collected outside Tesco for Turkey and Syria and donations were more that £2300 with Rotary donating another £1000.

Royston & District Model Railway & U3A Keep fit - Reg Hounsell

U3A over 60's keep fit fortnightly – contact Reg for details.

U3A History Group – meet 2nd Tuesday monthly at 2.00pm

Model railway exhibition on Saturday 1st April at Bassingbourn Village College will have 18 layouts inside and outside a ride on a steam train. Last exhibition was 4 years ago, and are planning to welcome over 1000 paying visitors.

Homestart - Jackie Cotton

Mentioned Aquathon at Leisure Centre on 23rd April. 50% of money raised to HomeStart and 50% to participant. More entries welcome!

Ramblers, History Soc., Beds & Herts Historic Churches – David Allard

Anyone wanting to join a walk check Royston Ramblers website.

History Soc. Talk on 6th April about Sainsbury's Depot in Buntingford. Outing to Windsor 3rd June.

Town and District Councillor - Ruth Brown

Ruth told us about Healthy Hub, all details in The Listing.

Rotary Dementia Champion - Pamela Goodwin (Stevenage)

Pamela explained her role in Rotary district She is helping to spread the word about things like Royston Memory Café (which she praised) and encouraging people to work with patients with dementia.

Social Prescriber - Joanna Aldridge

Mentioned Granta is expanding to include The Health Centre, mentioned men's Club, mental health support, public groups available and an exercise group.

Royston Leisure Centre - Lisa Megraw informed us that they now have a community Notice board. Any posters can be sent and will be displayed. Also, if an organisation would like a stall in the centre email the Leisure Centre.

Next Breakfast Friday 14th April