

Further Notes from the Community Breakfast 11.11.2022

- Jackie Cotton: Homestart. There are various Christmas events coming up, all can be found on the HomeStart Facebook page and website. They will have a presence at the Meldreth Xmas Fair on 27th November and have a Christmas door decoration workshop in Foxton on Nov 29th.
- Tony Garrick. U3A, Foxton Men's Breakfast, Methodist Church. The Foxton Breakfast is the second Saturday of each month from 8.30 to 10.00. Normally there is a speaker. The next Melbourn and District U3A meeting is on Wed 16th November, presented by Jason Middleton and about the History of Jewellery. The meeting is at the Eternit Sports and Social Club, doors open at 2.30.

Sarah Hillman has asked me to circulate the following:-

Hello Everyone,

I have asked Neil please to circulate this email to all members, as requested by those who attended this morning's Breakfast.

We hope to pool our knowledge of energy-saving (and hence money-saving) tips that are on a number of different websites and publish this so that people in Royston and surrounding areas can find ways that suit their situation to help them cope with the energy and cost-of-living crisis. (To see some examples of useful information that is available – please see at the bottom of this email.)

I would be very grateful if you would send me details of any websites that you know which can provide additional ideas or sources of help. (Herts Help and NHDC were both mentioned this morning.) We are hoping to publish an attractive illustration of these links in the Listing (subject to confirmation,) in the January edition.

As the final copy deadline is probably around 8th December, and I need to design, draft and get approval of the illustration from Neil and from the Listing, please send me any useful links that you know of, as soon as you can, or by 25th November latest. I will circulate the illustration to all contributors to OK "their" entry before publication.

Examples of useful websites:

- <https://octopus.energy/blog/flir-thermal-cameras/> This site gives lots of pictures of and useful tips about stopping heat-loss from homes, with "how to" videos on fitting various low-cost preventative measures. (It also offers Octopus customers with very high heat bills the opportunity to borrow a thermal imaging camera so that they can detect where their house is losing heat, and take steps to rectify it.)
- <https://www.moneysavingexpert.com/utilities/energy-saving-tips/> This has up to 60 money-saving tips, all well-researched. For those people with friends/relatives who are not online, I have been able to download this as a PDF, parts of which could be printed as necessary by, or for, those concerned. (The PDF is 46 pages long!)

Many thanks,

Sarah Hillman

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Neil Guttridge

On behalf of the Community Breakfast.